



*Natural Sense* - all of our products are 100% Pure & Natural, sourced from reputable producers from around the world.

Our mission is to provide you with quality products and to share with you our knowledge and experience. Our standards meet the needs of aromatherapists, massage therapists and spa related professionals making Natural Sense one of the leading suppliers in Canada.

We welcome your calls, questions, and, of course, your feedback.

## *Table of Contents:*

Business Terms	3
Pure Essential Oils	6
Precious Oils	10
Synergies - Environmental & Mood, Face & Body Treatment, Beauty Oil and Hair Treatment, Soul Mates	11
Carrier Oils	14
Speciality Oils	16
Hydrosols / Floral Water	17
Spa Products – Bath & Body Oils, Body Treatments, Scrubs/Polishes/Masks, Body Butters, Fizzy Bath Salts, Aroma Body Lotions, Gardener's, Environmental Sprays (including Bathroom Sprays), Pillows, Kid-Sense	19
Base Products & Raw Materials	24
Unscented Liquid Base & Facial Spa Products	27
Pigments, Hard Soap Base, Fragrant Oils & Flavours	28
Diffusers	31
Bottles, Jars, Odds & Ends	31
Gift Sets	35
Nutrilite	37
Recipes – Lip Balm, Melt & Pour Soap Making Directions	39

## Frequently Asked Questions

### Business Terms

#### Minimum Order

Is \$20.00 before taxes, shipping and after discounts.  
A \$10.00 surcharge will apply to orders less than the minimum.

#### How to Pay

We will create an invoice and let you know the exact total. Please note: We must receive payment before we ship the goods. We accept world wide - Visa, Master Card and PayPal. If you are outside of Canada then the currency exchange will be done through your credit card provider. We also accept Interac Email Money Transfers Canadian Banks Only. We accept Postal Money Orders and Certified Cheques. If you are outside of Canada the payment must be in Canadian Dollars.

**Prices in this catalogue are subject to change without notice.**

#### Effective January 1<sup>st</sup>, 2012 Shipping Charges are as follows:

Via CanPar Courier To Most Destinations in Canada

Within Ontario - 0 - 10 pounds - \$11.40 (plus HST)

11 - 20 pounds - \$14.69 (plus HST)

21 - 30 pounds - \$18.08 (plus HST)

31 - 40 pounds - \$21.72 (plus HST)

Outside Ontario - 0 - 10 pounds - \$23.46 (plus applicable tax)

11 - 20 pounds - \$28.59 (plus applicable tax)

21 - 30 pounds - \$33.61 (plus applicable tax)

31 - 40 pounds - \$38.65 (plus applicable tax)

Continental USA via CanPar Courier to the boarder then picked up by FedEx.

0 - 10 pounds - \$24.08

11 - 20 pounds - \$31.91

21 - 30 pounds - \$42.50

31 - 40 pounds - \$53.45

Multiple boxes or shipments weighing more the flat rates listed above will be quoted at the time of invoicing. If it is required that your shipment be sent via Canada Post because you are outside of our flat rate shipping areas then we quote a rate at the time of invoicing.

None of the above shipping charges apply if you require your goods sent via Canada Post. We will quote you these costs at the time of your order.

Freight charges on orders over 40 lbs will be determined at the time of your order.

**If you order via e-mail or fax, we will honour a 2% discount on all items – even over and above items already on sale.**

### Return Policy

Due to the nature of our products we do not accept product returns. We shall not be held responsible for product and container compatibility or for the outcome of your products and formulas.

#### Damaged Goods During Transport

If goods are damaged during transport and there are visible signs of damage to the box for example the box is wet and or stained due to product leakage and there is a strong aroma as if something has leaked, and or the box is crushed or looks as though it has been tampered with, then it shall be your responsibility to refuse the package. Insist that the box be returned to the sender. If you accept the package, open it and then find any damage to the contents – please contact our office immediately to report the damage. Do not discard the damaged goods and or destroy the packaging and box that the goods came in. In most cases if we need to file an insurance claim with the courier company then an inspection agent will need to see the damaged goods.

#### Wholesale

Wholesale pricing is available to persons with registered businesses as Certified Aromatherapists, Registered Massage Therapists, Natural Health Care Practitioners, Spa and Therapy Centres, Aesthetic Salons and Retail Stores. Wholesale pricing is also available to students of Aromatherapy, Aesthetics, and Massage Therapy who are registered with an accredited school.

**We also supply colleges and schools with student kits. For more information please contact us.**

#### Out of stock items

We will do our best to inform you at the time of your order. We regret that we cannot track back orders. We advise that you check at a later date and re-order your item. Our minimum order policy does not apply when re-ordering out of stock items. We will ship your back order for half off the standard shipping charge, up to 10 lbs.

If you do not wish to remain on our mailing list, please contact us and let us know.

We would like to build our e-mail address book so please forward your e-mail address to:  
aroma@naturalsense.com

**How to Order** – by our **New Online Order Form** located at  
www.naturalsense.com, e-mail, telephone or fax.

#### By Telephone

Order Desk 905-697-2424

Toll Free 1-888-Tea-Tree (1-888-832-8733)

Order desk is CLOSED Saturday & Sunday

By Fax – 1-888-298-4037

By E-mail – [aroma@naturalsense.com](mailto:aroma@naturalsense.com)

Simply type up your order in an e-mail body text style, list your products in a readable format – for example:

ITEM NUMBER	ITEM NAME	QUANTITY
1219	10 ml Lavender French	4

Some of our customers create an order sheet of their own either in a Word or Excel Spread Sheet and merely attach the document to an e-mail.

When corresponding with us through e-mail please mark your mail as follows: this will help us to sift through hundreds of e-mails that we receive daily.

Order: - Subject Line: Order for Natural Sense  
Information: - Subject Line: Info for Natural Sense  
Questions: - Subject Line: Questions for Natural Sense

### Useful Measurements—Table of Equivalents

1 kilogram	= 2.2 lbs
.450 kilogram	= 1 lb
.225 kg	= a little under 1/2 lb
1 teaspoon	= 5 ml
1 tablespoon	= 15 ml
1 cup	= 8 oz
1 teaspoon	= 5 ml
10 ml	= 1/3 oz
1 ml	= approx. 20 drops
30 ml	= 1 oz
1000g	= 1 kilogram
120 ml	= 4 oz
1 pound	= .450 kilogram
1000 ml	= 1 litre

**Note:** Prices on bulk items not listed are available upon request.

Sincerely,  
Amy Martin, Owner  
Natural Sense

**Wishing you a Scentsational Day!**

Copyright © 2010 Natural Sense®

Natural Sense is a Canadian Registered Trademark. All rights reserved. Any unauthorized use of the text, information and images from this catalogue may violate copyright laws and trademark laws.

## Pure Essential Oils

Our essential oils are 100% pure and unadulterated. Our essential oils come direct from growers and distillers.

### Balsam Peru, *Myroxylon pereirae*

1001	10 ml	\$14.84
1002	30 ml	\$39.11

### Basil, *Ocimum basilicum*

1007	10 ml	\$5.25
1008	30 ml	\$12.62

### Bay, *Pimenta racemosa*

1013	10 ml	\$21.19
1014	30 ml	\$56.65

### Benzoin, *Styrax benzoin*

1019	10 ml	\$4.38
1020	30 ml	\$10.22

### Bergamot, *Citrus bergamia*

1025	10 ml	\$6.53
1026	30 ml	\$16.15

### Birch (sweet), *Betula lenta*

1031	10 ml	\$6.46
1032	30 ml	\$15.98

### Cajeput, *Melaleuca cajeputi*

1037	10 ml	\$6.67
1038	30 ml	\$16.56

### Camphor, *Cinnamomum camphora*

1043	10 ml	\$3.27
1044	30 ml	\$7.19

### Cardamon, *Elettaria cardamomum*

1049	10 ml	\$42.16
1050	30 ml	\$112.51

### Carrotseed, *Daucus carota*

1055	10 ml	\$19.97
1056	30 ml	\$53.27

## Cedarwood Atlas,

*Cedrus atlantica*  
1061 10 ml \$4.53  
1062 30 ml \$10.64

## Cedarwood Virginian,

*Juniperus virginiana*  
1067 10 ml \$5.22  
1068 30 ml \$12.53

## Celleryseed, *Apium graveolens*

1073	10 ml	\$24.61
1074	30 ml	\$66.06

## Chamomile (roman),

*Anthemis nobilis*  
1080 5 ml \$31.75  
1081 10 ml \$56.56

## Cinnamon Leaf,

*Cinnamomum zeylanicum*  
1084 10 ml \$4.39  
1085 30 ml \$10.29

## Citronella, *Cymbopogon nardus*

1090	10 ml	\$3.59
1091	30 ml	\$8.03

## Clary Sage, *Salvia sclarea*

1096	10 ml	\$7.37
1097	30 ml	\$18.48

## Clove Bud, *Syzygium aromaticum*

1102	10 ml	\$5.57
1103	30 ml	\$13.53

## Coriander, *Coriandrum sativum*

1108	10 ml	\$18.04
1109	30 ml	\$47.95

## Cypress French,

*Cupressus sempervirens*  
1114 10 ml \$10.41  
1115 30 ml \$26.90

**Eucalyptus Globulus,***Eucalyptus globulus*

1126	10 ml	\$3.27
1127	30 ml	\$7.17

**Eucalyptus Radiata,***Eucalyptus radiata*

1132	10 ml	\$9.52
1133	30 ml	\$24.41

**Fennel (sweet),** *Foeniculum vulgare*

1138	10 ml	\$8.40
1139	30 ml	\$21.35

**Fir Balsam,** *Albies balsamea*

1144	10 ml	\$9.77
1145	30 ml	\$25.10

**Frankincense,** *Boswellia carteri*

1150	10 ml	\$30.33
1151	30 ml	\$81.87

**Geranium Bourbon,***Pelargonium graveolens*

1156	10 ml	\$25.73
1157	30 ml	\$67.95

**Geranium Egyptian,***Pelargonium graveolens*

1162	10 ml	\$35.49
1163	30 ml	\$94.45

**Ginger,** *Zingiber officinalis*

1168	10 ml	\$10.24
1169	30 ml	\$26.41

**Grapefruit (white),***Citrus racemosa*

1174	10 ml	\$4.17
1175	30 ml	\$9.66

**Helichrysum,** *Helichrysum italicum*

1181	5 ml	\$104.62
1182	10 ml	\$188.28

**Hyssop,** *Hyssopus officinalis*

1185	10 ml	\$28.51
1186	30 ml	\$76.83

**Jasmine,** *Jasminum sambac*

1191	5 ml	\$191.89
1192	10 ml	\$346.05

**Juniper (India),** *Juniperus communis*

1195	10 ml	\$9.98
1196	30 ml	\$25.69

**Juniper (Yugoslavia),***Juniperus communis*

1201	10 ml	\$19.78
1202	30 ml	\$52.73

**Lavender 40/42,***Lavendula officinalis*

1207	10 ml	\$6.84
1208	30 ml	\$17.05

**Lavender Bulgarian,***Lavendula angustifolia*

1213	10 ml	\$22.93
1214	30 ml	\$61.41

**Lavender French,** *Lavendula**dentate*

1219	10 ml	\$11.87
1220	30 ml	\$30.91

**Lemon,** *Citrus limonum*

1225	10 ml	\$3.71
1226	30 ml	\$8.38

**Lemongrass,** *Cymbopogon flexuosus*

1231	10 ml	\$4.23
1232	30 ml	\$9.85

**Lime,** *Citrus aurantifolia*

1237	10 ml	\$4.31
1238	30 ml	\$10.03

**Litsea,** *Litsea cubeba*

1248	10 ml	\$4.06
1249	30 ml	\$9.33

**Mandarin (green),***Citrus reticulata*

1254	10 ml	\$12.18
1255	30 ml	\$31.76

**Mandarin (red),** *Citrus reticulata*

1260	10 ml	\$4.78
1261	30 ml	\$11.36

**Marjoram,** *Origanum marjorana*

1266	10 ml	\$16.64
1267	30 ml	\$44.08

**Melissa Leaf,** *Melissa officinalis*

1273	5 ml	\$218.05
1274	10 ml	\$393.37

**Myrrh,** *Commiphora myrrha*

1277	10 ml	\$30.87
1278	30 ml	\$81.90

**Neem,** *Azadirachta indica*

1283	10 ml	\$3.71
1284	30 ml	\$8.38

**Neroli,** *Citrus aurantium*

1290	5 ml	\$69.83
1291	10 ml	\$125.42

**Niaouli,** *Melaleuca viridifolia*

1294	10 ml	\$5.67
1295	30 ml	\$13.83

**Nutmeg,** *Myristica fragrans*

1300	10 ml	\$10.69
1301	30 ml	\$27.67

**Orange (sweet),** *Citrus sinensis*

1306	10 ml	\$2.89
1307	30 ml	\$6.13

**Oregano,** *Origanum vulgare*

1312	10 ml	\$11.36
1313	30 ml	\$29.49

**Palmarosa,** *Cymbopogon martiniz*

1318	10 ml	\$7.54
1319	30 ml	\$18.99

**Parsley,** *Petroselinum sativum*

1324	10 ml	\$8.82
1325	30 ml	\$22.51

**Patchouli,** *Pogostemon cablin*

1330	10 ml	\$14.65
1331	30 ml	\$38.57

**Pepper (black),** *Piper nigrum*

1336	10 ml	\$28.74
1337	30 ml	\$77.44

**Peppermint Supreme,***Mentha piperata*

1342	10 ml	\$5.46
1343	30 ml	\$13.20

**Petitgrain,** *Petitgrain bigarde*

1348	10 ml	\$5.22
1349	30 ml	\$12.55

**Pine Scotch,** *Pinus sylvestris*

1354	10 ml	\$5.41
1355	30 ml	\$13.09

**Ravensara,** *Ravensara aromatica*

1360	10 ml	\$11.92
1361	30 ml	\$31.05

**Rose Absolute,** *Rosa damacena*

1367	5 ml	\$86.60
1368	10 ml	\$156.10

**Rose Otto,** *Rosa centifolia*

1372	5 ml	\$177.19
1373	10 ml	\$319.50

**Rosemary French,***Rosemarinus officinalis*

1376	10 ml	\$5.65
1377	30 ml	\$13.74

**Rosemary Spanish,***Rosemarinus officinalis*

1382	10 ml	\$6.97
1383	30 ml	\$17.36

**Rosewood, *Aniba rosaeodora***

1388	10 ml	\$9.73
1389	30 ml	\$24.99

**Sage Dalmation, *Salvia officinalis***

1394	10 ml	\$16.50
1395	30 ml	\$43.68

**Sandalwood, *Santalum album***

1401	5 ml	\$104.81
1402	10 ml	\$188.65

**Spearmint, *Mentha spicata***

1405	10 ml	\$5.41
1406	30 ml	\$13.09

**Spikenard, *Nardostachys jatamansi***

1411	10 ml	\$32.01
1412	30 ml	\$85.00

**Spruce Black, *Picea mariana***

1417	10 ml	\$35.51
1418	30 ml	\$47.85

**Spruce Hemlock, *Tsuga Canadensis***

1423	10 ml	\$36.35
1424	30 ml	\$98.44

**Tagetes, *Tagetes minuta***

1429	10 ml	\$20.76
1430	30 ml	\$55.41

**Tanacetum, *Tanacetum annuum***

1436	5 ml	\$43.03
1437	10 ml	\$76.98

**Tangerine, *Citrus reticulata***

1440	10 ml	\$3.43
1441	30 ml	\$7.60

**Tea Tree, *Melaleuca alternifolia***

1446	10 ml	\$7.67
1447	30 ml	\$19.29

**Thyme (red), *Thymus vulgaris***

1452	10 ml	\$8.92
1453	30 ml	\$22.79

**Thyme (white), *Thymus zygis***

1458	10 ml	\$7.39
1459	30 ml	\$18.55

**Turmeric, *Curcuma longa***

1464	10 ml	\$8.42
1465	30 ml	\$21.35

**Vanilla, *Vanilla planifolia***

1470	10 ml	\$9.47
1471	30 ml	\$24.26

**Vetiver, *Vetiveria zizanolodes***

1476	10 ml	\$23.08
1477	30 ml	\$61.85

**Ylang Ylang #1, *Cananga odorata***

1488	10 ml	\$21.93
1489	30 ml	\$58.64

***Starter Kits***

The starter kits come with one 10 ml size of 100% pure essential oils.

**Starter Kit #1 - Eucalyptus Globulus, Lavender French, Lemon, Peppermint,**

Rosemary French &amp; Tea Tree

1701	\$37.43
------	---------

**Starter Kit #2 - Bergamont, Eucalyptus Globulus, Geranium Egyptian,**

Grapefruit, Lavender French, Lemon, Mandarin Red, Patchouli, Peppermint,

Rosemary French, Tea Tree &amp; Ylang Ylang

1702	\$124.97
------	----------

***Precious Oils ~ 50% solutions in Jojoba Oil***

These oils have a strong constitution as well as aroma. Using them in a diluted form makes them more affordable. Some suppliers provide 3 or 10% dilutions, but we prefer a 50% dilution because at this strength you can basically use them as if they were in their neat form.

**Chamomile, *Anthemis nobilis***

1079	5 ml	\$16.89
------	------	---------

**Helichrysum, *Helichrysum italicum***

1180	5 ml	\$53.32
------	------	---------

**Jasmine, *Jasminum sambac***

1190	5 ml	\$96.97
------	------	---------

**Melissa Leaf, *Melissa officinalis***

1272	5 ml	\$110.04
------	------	----------

**Neroli, *Citrus aurantium***

1289	5 ml	\$35.93
------	------	---------

**Rose Absolute, *Rosa damascena***

1366	5 ml	\$44.42
------	------	---------

**Rose Otto, *Rosa centifolia***

1371	5 ml	\$89.62
------	------	---------

**Sandalwood, *Santalum album***

1400	5 ml	\$53.43
------	------	---------

**Tanacetum, *Tanacetum annuum***

1435	5 ml	\$22.54
------	------	---------

Price quotes are available for larger sizes not listed. 100 ml, 500 ml, 1 litre and 3 litre sizes available.

Notes:

## Synergistic Essential Oil Blends

When creating your own products – we strongly advise that you conduct your own testing to verify product behaviour. Essential oils should never be used on the skin in their pure form.

Essential oils should never be used on the skin in their pure form. Essential oils can be irritating to the skin and should be added to other base ingredients at low proportions. 10 ml, 30 ml & 100 ml sizes available.



### Environmental & Mood Synergies

These extraordinary combinations of pure essential oils may be used in many different applications:

Use them neat in aromatherapy or essential oil diffusers for environmental fragrancing. Use them in various types of aromatherapy applications – at low proportions. Relaxation, Meditation, Blossom and Summer could also substitute for Body Synergies

**Relaxation**, French Lavender, Tangerine, Geranium & Balsam. Soothe and relax the mind, body and soul.

1876                      5 ml                      \$ 19.74

**Energy**, Peppermint, Rosemary, Lemon & Ylang Ylang. Energize and invigorate the mind, body and soul.

1877                      5 ml                      \$13.69

**Winter**, French Lavender, Orange, Cinnamon & Nutmeg. Warm and comforting during the winter months.

1878                      5 ml                      \$10.96

**Meditation**, Patchouli, Rosewood, Cedarwood, Sandalwood & Frankincense. Relax your mind, body and soul. Use in a diffuser. A great centering blend, for yoga, tai chi or medication classes.

1879                      5 ml                      \$20.25

**Blossom**, Rosewood, Palmarosa, Lemon, Sandalwood, Rose Absolute & Ylang Ylang. Combine with milk and add to a warm bath. You'll feel as if you're lying in a bed of roses—just like Cleopatra.

1880                      5 ml                      \$34.07

**Summer**, French Lavender, Lime & Ylang Ylang. Fresh, lively and cool. A wonderful scent to diffuse on a summer evening, or when a cool breeze is needed.

1881                      5 ml                      \$20.00

**Fresh**, Eucalyptus Radiata, Cajeput, Clove, Litsea Cubeba. Clean sharp notes help to clear the air of unwanted elements – especially useful in a cool mister / humidifier during cold and flu seasons.

1882                      5 ml                      \$11.95

**Chai**, Balsam, Nutmeg, Ginger, Cardamon, Cinnamon. Create an atmosphere filled with conversation and warmth.

1883                      5 ml                      \$24.41

**Forest**, Fir Balsam, Cedarwood Atlas, Lime, Ylang Ylang. Take a fresh walk in the woods and breathe the woody and fruity notes.

1884                      5 ml                      \$15.89

**Ambiance**, Sweet Orange, Cardamon, Black Pepper, Ylang Ylang. Dim the lights and set the mood.

1885                      5 ml                      \$31.76

**Christmas**, Clove Bud, Cinnamon Leaf, Ginger, Sweet Orange. Reminds me of ginger bread cookies baking in the kitchen.

1886                      5 ml                      \$11.95

**Angels**, French Lavender, Sweet Orange, Ylang Ylang, Roman Chamomile, Sandalwood. A heavenly scent.

1887                      5 ml                      \$34.62

### Body Treatment Synergies

These unique combinations can be blended with unscented carrier oils and other spa products to create valuable combinations that will enhance your practice. Add only 6 drops of synergy to 1 oz or 30 ml of unscented carrier oil or other unscented body care base.

Breathe could also substitute as an Environmental – Mood Synergy

**Power**, French Rosemary, Juniper Berry, Sweet Marjoram, Litsea Cubeba, Palmarosa. A favourite among massage therapists – to help break down the knots of time.

1888                      5 ml                      \$63.72

**Beginnings**, French Lavender, Red Mandarin, Jasmine, Roman Chamomile. A favourite among mid-wives – a new life.

1889                      5 ml                      \$46.34

**Balance**, French Lavender, Clary Sage, Geranium Bourbon, Ylang Ylang. A favourite among psychotherapists – emotionally balancing.

1890                      5 ml                      \$22.37

**Clear**, Cypress, Grapefruit, Black Pepper, Palmarosa. Popular among spa therapists – detoxify and clear the body.

1891                      5 ml                      \$18.94

**Breathe**, French Lavender, Marjoram, Frankincense, Roman Chamomile & Nutmeg. Popular at home for back, chest and foot massage – to ease stiffness and muscle strain.

1892                      5 ml                      \$36.29

### *Beauty Oil Synergy*

This combination facial oil can be used on it's own to nourish and ease difficult skin. Add this blend to other products to boost their potency.

Adding a few drops of our Skin Treatment Synergies will create several other combinations that are quick and easy for use.

**Beauty**, Refined Rose Hip Oil, Sea Buckthorn Oil, Hemp Oil & Evening Primrose Oil

1893                      10 ml                      \$12.62

### *Face & Body Treatment Synergies*

Add only 4 drops of synergy to 1 oz or 30 ml of unscented carrier oil or other unscented body or face care base.

**Wisdom**, Bulgarian Lavender, Sandalwood, Ylang Ylang, Rose Absolute. Aids in the re-hydration of dry mature skin.

1894                      5 ml                      \$53.15

**Life**, Bulgarian Lavender, Red Mandarin, Clary Sage, Sandalwood, Frankincense, Neroli. Restore life to skin that is aging.

1895                      5 ml                      \$36.72

**Cleanse**, Bulgarian Lavender, Bergamot, Fennel, Cypress, Ylang Ylang. Clear congested and oily skin.

1896                      5 ml                      \$20.00

### *Hair Treatment Synergies*

These tree synergies can be blended with any of our hair care products.

**Daily Balance**, Cedarwood Virginia, French Lavender, Rosewood, Calendula. A lovely balance for combination hair – and daily use.

1897                      5 ml                      \$13.06

**Restore**, Cedarwood Atlas, Ylang Ylang, French Lavender, Vanilla, Sea Buckthorn. Helps to restore dry, damaged hair caused by chemical applications.

1898                      5 ml                      \$21.19

**Shine**, Cypress, Ylang Ylang, Balsam Peru, Mandarin Green, Rosehip. Gives lustre to hair that is fine and a little on the oily side.

1899                      5 ml                      \$20.55

### *Soul Mates*

Mini blend in 4 ml glass vials with glass droppers. Great for your purse as a perfume. Essential oils in jojoba oil base.

5% Jasmine, 2.5% Sandalwood                      5% Neroli, 2.5% Sweet Orange  
1866    4 ml    \$10.08                      1868    4 ml    \$10.08

5% Linden Blossom, 2.5% Green                      5% Rose Absolute & 2.5%  
Mandarin                      Cedarwood Atlas  
1867    4 ml    \$10.08                      1869    4 ml    \$10.08

### *Carrier Oils & Semi Solid Oils*

It is common for your product to become cloudy when you add ingredients. Solublizers are added to commercial products to keep them clear. While we can purchase solubilizers to include in our catalogue we don't feel it is a necessary ingredient. Solubilizers tend to be sulphated and are produced via a method known as ethoxylation, which uses ethyl alcohol and thus produces a Laureth product. Laureth products tend to irritate the skin when used in high concentrations. 500 ml, 1 litre & 4 litres sizes available and 800 g and 1600 g sizes available.

**Almond Oil (sweet)** - Cold pressed, light texture, excellent for children.

2001                      120 ml                      \$7.16  
2002                      240 ml                      \$11.36

**Apricot Kernel Oil** - A light and nourishing oil. Great for facials, and problem skin.

2006                      120 ml                      \$8.91  
2007                      240 ml                      \$14.26

**Avocado Oil (refined)** - Intensely rich, very nourishing, perfect for dry, cracked and mature skin.

2011                      120 ml                      \$8.38  
2012                      240 ml                      \$13.39

**Castor Oil** - Softens callous skin, improves scar tissue, draws toxins from the body.

2016                      120 ml                      \$4.97  
2017                      240 ml                      \$7.74

**Evening Primrose** – Moisturizing and soothing to skin. Reduces inflammation.

2021	120 ml	\$25.64
2022	240 ml	\$42.05

**Fractionated Coconut Oil** - Has a good slip, light texture, no odor, non-staining and a long shelf life. Our most popular aromatherapy and massage oil.

Note: Coconut is not a nut, but a fruit and generally non-allergenic.

2026	120 ml	\$9.05
2027	240 ml	\$14.49

**Grapeseed Oil** - Cold pressed, penetrates skin easily.

2031	120 ml	\$6.28
2032	240 ml	\$9.91

**Hemp Oil** - Contains high levels of essential fatty acids, Omega 3, Omega 6 and in particular Omega 9 which strengthens cell walls. Nourishes and soothes skin conditions such as eczema, psoriasis and other dry conditions.

2036	120 ml	\$11.88
2037	240 ml	\$19.20

**Joboba Oil** - An excellent lubricant and has great emollient properties. Used in many skin and hair care products. Add to blends or use on it's own for perfumes, facials and scalp treatments.

2041	120 ml	\$30.14
2042	240 ml	\$49.53

**Macadamia Nut Oil** – Improves skin moisture, softening skin and healing wounds. Add to blends or use on it's own.

2046	120 ml	\$15.30
2047	240 ml	\$24.89

**Safflower Oil** – Beneficial on painful, inflamed joints, sprains and bruises.

2051	120 ml	\$5.62
2052	240 ml	\$8.80

**Sesame Oil** – A natural moisturizer. Useful addition in creams and sun products

2056	120 ml	\$8.03
2057	240 ml	\$12.81

**Wheat Germ Oil** - Good for eczema, stretch marks and wrinkles. A great additive to blends also acts a preservative.

2061	120 ml	\$11.76
2062	240 ml	\$19.01

**Coconut Oil** - Semi solid oil.

2066	200 g	\$9.26
2067	400 g	\$14.32

**Palm Oil** - Naturally occurring vitamins A & E, make this oil extremely suitable for cosmetic blending. Used extensively in soap making. Retains scent well. Semi solid oil

2070	200 g	\$9.29
2071	400 g	\$14.39

**Monoï Oil** - Semi solid oil.

2074	50 g	\$13.34
2075	200 g	\$42.32

## *Speciality Oils*

Infused oils are herbal infusions in on olive oil base – they may be used directly on the skin or added to other skin formulas. Also available in 500 ml sizes.

**Arnica Oil** - For muscular pain, bruising and inflammation.

2501	30 ml	\$24.94
2502	100 ml	\$66.73

**Calendula Oil** – infused. Derived from the marigold flower, known for it's nutrients that help to repair and heal damaged skin.

2504	30 ml	\$17.92
2505	100 ml	\$47.41

**Calendula Oil** - total

2507	5 ml	\$39.57
2508	10 ml	\$62.48

**Grapefruit Seed Extract** - preservative

It has been effective against killing or inhibiting the growth of a wide variety of bacteria, fungi, viruses and protozoan parasites. It is not a full-spectrum preservative. Main constituents: 60% Grapefruit Seed Extract, 40% Glycerine USP

2531	30 ml	\$25.95
2532	100 ml	\$69.49

**Rosehip Oil** – refined – can be used directly onto the skin or as a carrier oil for other nourishing oils. Known to contain high levels of anti-oxidants such as Vitamin c, Beta Carotene, Linolenic Acid. This nutrient rich oil has rejuvenating abilities and is often a main ingredient in skin care products to help minimize wrinkles and scarring by improving the elasticity of the dermis.

2512	30 ml	\$6.34
2513	100 ml	\$15.54

**Sea Buckthorn** – total. It's becoming a very popular ingredient in skin care products. The oil is known to contain high levels of Vitamin E and it's rich Beta Carotene content gives to it's rich orange colour which creates a lovely warm tone when added to lotion s and creams.

2520	5 ml	\$12.95
2521	10 ml	\$20.06

**St. Johns Wort Oil** -For muscular and arthritic pain relief.

2525	30 ml	\$15.75
2526	100 ml	\$41.48

**Pure Vitamin E** - For cosmetic purposes only. Add to blends, great for scars and wrinkles. 1000 iu per 1 ml

2528	25 ml	\$43.16
2529	100 ml	\$139.91

## *Hydrosols/ Floral Waters*

When plant material is exposed to steam (distillation) the resulting product is an essential oil and the water left over from the condensation process is termed a hydrosol or floral water. Hydrosols may be applied directly to the skin as a spray, splash or compress. Hydrosols used alone may hydrate, tone, soothe and refresh the skin. Hydrosols are also used in the formulations of body care products such as creams, lotions, gels and masks. We do not endorse the use of hydrosols for internal use. 500 ml, 1 litre and 4 litre sizes available.

**Roman Chamomile Hydrosol** *Anthemis nobilis*, USA (organic)

Cooling and refreshing, soothes aching muscles. A mental stimulant that aids concentration.

3001	120 ml spray	\$10.76
3002	240 ml spray	\$17.24

**Frankincense Hydrosol** *Carteri bowswelli carteri*, Somaliland (organic)

Cools and enlightens the skin. Lifts the spirits and suppresses heated emotions.

3006	120 ml spray	\$22.44
3007	240 ml spray	\$36.91

**Lavender Floral Hydrosol** *Lavendula angustifolia*, France (organic)

Calming and cooling to the mind and body. For all skin types, soothes irritation and inflammations.

3011	120 ml spray	\$9.50
3012	240 ml spray	\$15.14

**Melissa Floral Hydrosol** *Melissa officinalis*, Egypt (organic)

Anti-viral properties. Useful in compresses for herpes, in foot baths for athletes foot. Great for anxiety and hysteria.

3016	120 ml spray	\$19.78
3017	240 ml spray	\$32.41

**Myrtle Flower Hydrosol** *Myrtus communis*, France (organic)

A very useful hydrosol and extremely gentle. Excellent for allergic reactions, inflammations and has anti-fungal properties.

3021	120 ml spray	\$10.76
3022	240 ml spray	\$17.24

**Orange Flower Hydrosol** *Citrus aurantium*, France (organic)

The delicate floral fragrance of neroli is fresh and light, an ancient remedy for soothing irritated skin.

3026	120 ml spray	\$11.80
3027	240 ml spray	\$18.97

**Peppermint Floral Hydrosol** *Mentha piperita*, USA (organic)

Cooling and refreshing, soothes aching muscles. A mental stimulant aids in concentration.

3031	120 ml spray	\$10.76
3032	240 ml spray	\$17.24

**Rose Floral Hydrosol** *Rosa damacena*, Bulgaria (organic)

This fragrant natural water may be used to refresh, tone and hydrate the body and face. Has a calming effect on hormonal imbalances. May also spray clothes & bedding, try using as an ironing spray.

3036	120 ml spray	\$11.03
3037	240 ml spray	\$17.68

**Rosemary Hydrosol** *Rosmarinus officinalis*, Bulgaria (organic)

This fragrant natural water may be used to refresh and tone the skin. Great for oily and problem skin. Use in a steam inhalation for head colds, in bath water for aches and pains. Spray your environment for an uplifting effect, a great energy booster.

3041	120 ml spray	\$10.76
3042	240 ml spray	\$17.24

Notes:

## SPA Products

### Bath & Body Oils

These versatile formulas are blended in a base of Fractionated Coconut Oil. Add to warm running bath water, add ½ cup of Epsom Salt for added therapeutic benefits. Oils may also be applied to damp skin after showering or bathing. 500 ml, 1 litre and 4 litre sizes available.

**Relaxation**, a soothing blend of Lavender, Mandarin, Balsam Peru and Roman Chamomile.

4001	120 ml	\$30.38
4002	240 ml	\$53.38

**Rose Delight**, a delightful blend and great hormone balancer, with Rosewood, Palmarosa, Geranium, Cedarwood & Lemon.

4006	120 ml	\$30.38
4007	240 ml	\$53.38

**Muscle Relief**, helps to break down lactic acid in muscles that have been overworked, a crisp blend of Juniper, Pine, Black Pepper, Lemongrass & Nutmeg.

4011	120 ml	\$30.38
4012	240 ml	\$53.38

**Aching Bones**, works as a topical analgesic with anti-inflammatory properties, a fresh blend of Lavender, Marjoram, Tannacetum, Nutmeg & Benzoin.

4016	120 ml	\$30.38
4017	240 ml	\$53.38

### Body Treatments

#### Skin Firming Seaweed Gel (Cellulite Reducing)

A moisturizing skin firming gel, enhanced with active extracts that tighten the skin's supporting tissue. Scented

4027	60 ml	\$14.68
4028	120 ml	\$26.78

#### Body Firming Serum

Developed to treat the body as well as the face. Light veils of moisturizing emulsions packed with precious, targeted actives, normally reserved for face care. Scented

4033	60 ml	\$14.04
4034	120 ml	\$25.58

## Scrubs / Polishes / Masks

Create your own spa scrub, try our Unscented Walnut Body Scrub, see page 28.

### Eucalyptus & Rosemary Foot Salt Glow Scrub

Warming and refreshing scents of eucalyptus and rosemary enhance this mineral rich foaming salt glow scrub. Not recommended for the face or for persons with sensitive skin. Scented

4043	180 g	\$17.90
4044	400 g	\$33.58

### Lemon Chiffon Body Polish

An intoxicating citrus aroma. Silky, refreshing, detoxifying body polish with jojoba beads removes dull, rough surface skin leaving the body refreshed, revitalized, and smelling faintly of uplifting lemon. Scented

4047	180 g	\$26.67
4048	400 g	\$50.86

### Lemon Chiffon Face Mask

This exfoliating and toning face mask is made of complex combinations of skin-repairing botanical extract, minerals, clays, peptides, enzymes and uniquely formulated essential oil blends to achieve maximum results. Scented

4051	180 g	\$35.75
4052	400 g	\$68.76

## Body Butters

Apply to damp skin after bathing. Suitable for the whole family. I came up with this new formula for my daughters eczema. They make a great combination with the Fizzy Bath Salts. See page for gift sets. **NOTE: BODY BUTTERS ARE MADE WITH WHEAT GERM.** Unscented Body butter available on page 27.

### Coco Loco Body Butter

4064	200 g	\$14.11
4065	400 g	\$23.33

### Mint Scentsation Body Butter

4068	200 g	\$14.11
4069	400 g	\$23.33

### Moroccan Rose Body Butter

4072	200 g	\$14.11
4073	400g	\$23.33

### Relaxation Body Butter

4076	200 g	\$14.11
4077	400 g	\$23.33

## Sweet Dreams Body Butter

4080	200 g	\$14.11
4081	400g	\$23.33

## Fizzy Bath Salts

Turn your bath into an aroma spa. Just add 2 tablespoons to warm running bath water. Your skin will be left silky smooth and deliciously fragrant. Made with all natural ingredients and pure essential oils. Ingredients: Sodium Bicarbonate, Citric Acid, Epsom Salt, Corn Starch and Coconut Oil. 800 g, 1 kg and 2 kg sizes available. Unscented Bath Salt see page 27

**Cabin Fever**, essential oils of Lavender 40/42, Rosewood, Fir Balsam, Cedarwood Virginian & Eucalyptus Globulus

4083	200 g	\$11.64
4084	400 g	\$17.95

**Mint Scentsation**, essential oils of Peppermint, Spearmint & Patchouli

4088	200 g	\$11.64
4089	400 g	\$17.95

**Moroccan Rose**, essential oils of Palmarosa, Geranium, Rosewood, Lemon, Ylang Ylang & Cedarwood

4093	200 g	\$11.64
4094	400 g	\$17.95

**Relaxation**, essential oils of French Lavender, Mandarin & Balsam.

4098	200 g	\$11.64
4099	400 g	\$17.95

**Sweet Dreams**, essential oils of Lavender 40/42, Litsea, Ylang Ylang & Champaca fragrance oil

4103	200 g	\$11.64
4104	400 g	\$17.95

## Aroma Body Lotions

Apply to damp skin after bathing. Suitable for the whole family. 500 ml size available. Unscented Lotion see page 19

**Lavender & Ylang Ylang**, for Normal & Sensitive Skin.

4108	120 ml	\$12.86
4109	240 ml	\$20.84

## Peppermint & Patchouli

Essential oil of Peppermint cools the skin thereby encouraging circulation. Patchouli is renowned for it's ability to soften dry skin, therefore this combination is the answer to worn out feet.

4114	120 ml	\$12.86
4115	240 ml	\$20.84

## Gardener's Hand Lotion

4120	240 ml	\$22.98
------	--------	---------

## Gardener's Hand Scrub

A delightful blend that work great on scrubbing off all of the dirt after gardening.

4121	240 ml	\$16.94
------	--------	---------

## Medicine Cabinet

**Germes Away Hand Sanitizer**, An excellent, all natural hand sanitizer made with aloe, tea tree, peppermint and aloe. Does not dry out your hands no matter how often you use it.

4301	60 ml	\$5.72
4302	120 ml	\$9.34
4303	240 ml	\$14.35

**Healing Balm**, An all natural balm that helps minor scrapes and scratches heal faster. Also makes a great lip balm.

4304	50 g	\$6.61
------	------	--------

**Unscented Stick Deodorant**, Natural vegetable based deodorant. Essential oils with deodorizing properties add to the effectiveness of the deodorant.

4305	200 g	\$29.84
4306	400 g	\$48.13

## Environmental Sprays

### Clean & Fresh Environmental Spray

This all natural environmental spray can be used just about anywhere. Freshen the air in your home, office, car or hotel room. Using a damp cloth, or paper towel, spray and wipe surfaces such as telephones, desktops, counters and door handles. Great for gym bags and even yoga mats. May also be used as a body or hair mist. Also available in 120 ml and 240 ml sizes.

4508	60 ml spray	\$12.64
------	-------------	---------

### Relax & Fresh Environmental Spray

Use as a refreshing body or hair mist. Freshen your environment, bed linens, spray in clothes cupboards or dresser drawers. Also available in 120 ml and 240 ml sizes.

4510	60 ml spray	\$12.64
------	-------------	---------

## Wild Stuff (formerly known as Bug Stuff)

This natural environment spray is to be used in and around your personal space when outdoors. Great for gardening, hiking and camping. For best results spray clothing, hats, sleeping bags and tents. Safe for use on children's clothing. Also available in 240 ml sizes.

4512	60 ml	\$9.54
4504	120 ml	\$15.72

## Throne Bathroom Spray

Spray the toilet water before you go to eliminate embarrassing odor. Also available in 120 ml and 240 ml sizes.

<b>Fresh Throne</b> 4506	60 ml	\$10.71
<b>Royal Throne</b> 4507	60 ml	\$10.71

## Toby – Aromatherapy Spray for Dogs

Toby was one of seven golden retriever puppies born to Tasha in the summer of 2000. Toby was a gentle soul with big brown eyes that made everyone's heart melt. After his siblings left to live with other families, Toby spent most of his days walking in our woods, playing in the creek, and getting very muddy with his mother Tasha. Sadly, Toby was diagnosed with spinal cancer. He barely lived 2 years, yet he touched and softened the hearts of many. Since Toby loved being groomed, and since our family is in the Aromatherapy business, in memory of Toby, we have made an all natural deodorizing spray that will certainly make your furry friends smell better. Frankly, the Aromatherapy is for you! Let's face it—what dog wants to smell like flowers when he or she could roll in stinky mud!

4503	240 ml spray	\$31.38
------	--------------	---------



For every bottle of Toby purchased our family business will donate \$1.00 to the Pet Trust Fund at the Veterinary College, University of Guelph. For more information visit [www.pettrust.ca](http://www.pettrust.ca).

## Eye Pillow

Colour availability varies. Silky material filled with French Lavender Flowers, and Organic Flax seeds. Soothe a tired brow. Great for headaches. Keep it cool in the refrigerator.

4701	each	\$15.05
------	------	---------

## Neck Pillows

Colour and pattern availability varies. Fleecy material filled with Organic Flax seeds. Our pillows are designed with a curve to stay around your neck with ease. Just microwave and relax!

4702	each	\$17.68
------	------	---------

## Kid-Sense Aromatherapy for Children

### Bath & Body Oils

Bath & Body Oils for children in a base of Fractionated Coconut Oil with added essential oils. Children love having baths, however their delicate skin makes it difficult for parents to choose what type of bath product to use. Our children's bath oils make bath time fun while at the same time therapeutic. These versatile blends may also be used for relaxing back and foot rubs.

**Cough Cough**, with pure essential oils of French Lavender, Eucalyptus Radiata and Roman Chamomile

4801	120 ml	\$10.40
------	--------	---------

**Nighty Night**, with pure essential oils of French Lavender, Mandarin and Roman Chamomile

4802	120 ml	\$10.40
------	--------	---------

**Lavender Babe**, with just French Lavender

4803	120 ml	\$10.40
------	--------	---------

**Itchy Itchy**, with pure essential oils of Lavender, Patchouli and Roman Chamomile

4804	120 ml	\$10.40
------	--------	---------

### Raw Materials & Base Products

**Note:** With dry powdered products gently shake and tap the top of the container in an upright position before opening. During shipping the product may have become trapped in the lid of the container.

**Aloe Gel Base** - Use as a base to create soothing skin care products. Essential oils can be added up to 4%, carrier oils and other ingredients up to 2%. 800 g and 1600 g size available.

5001	200 g	\$17.61
5002	400 g	\$27.60

**Bees Wax Beads** - Add to lip balms and salves. 800 g and 1600 g size available.

5005	200 g	\$15.58
5006	400 g	\$24.31

**Citric Acid** - Add to bath salts and bath bombs. Acts as a preservative and creates fizz. Avoid contact with water until bath time. **Note:** Avoid inhalation and contact with eyes and mucous membranes. Also note from our personal experience do not mix Citric Acid with Dead Sea Salt together they create ammonia like fumes even more so when essential oils are added. 5 kg size available.

5009	1 kg	\$37.33
------	------	---------

**Cocoa Butter** - Non deodorized, delicious rich aroma of dark chocolate. Very emollient an excellent addition to sensual body butters, hand, foot & elbow creams. 800 g and 1600 g size available.

5011	200 g	\$25.50
5012	400 g	\$40.46

**Cornstarch** - Adds silkiness to bath salts and bath bombs. 5 kg size available

5015	1 kg	\$8.40
------	------	--------

**Dead Sea Salt** - Contains high concentrations of therapeutic minerals such as magnesium, potassium, calcium chlorides and bromides. An ancient remedy for skin conditions such as eczema and psoriasis. Draws toxins from the body and aids in muscular skeletal conditions. Fine. 800 g, 1600 g and 5 kg sizes available

5021	200 g	\$6.86
5022	400 g	\$10.10

**Emulsifying Wax** - A vegetable based emulsifying wax from naturally occurring fats and esters. This product is treated with polysorbates rather than detergents. Emulsifying wax is used to create a bond between water and oil. Makes a fluid cream, and lotion without the separation. Available in 800g and 1600g

5026	200 g	\$35.30
5027	400 g	\$56.46

**Epsom Salt** - Contains high concentrations of magnesium sulfate, renowned for breaking down lactic acid from tender muscles. 5 kg size available.

5030	1 kg	\$15.24
------	------	---------

**French Green Clay Powder** - Skin detoxifier ideal for oily skin. For facial masks, body wraps. Try mixing with a warm herbal tea infusion. Add a few drops of Jojoba or Rosehip oil and your favourite essential oils. 800 g and 1600 g sizes available.

5036	200 g	\$17.17
5037	400 g	\$26.90

**French Pink Clay Powder** - Skin detoxifier, ideal for dry skin. For facial masks, body wraps. Be creative to make a wet mask rather than ordinary water, try herbal tea! 800 g and 1600 g sizes available

5040	200 g	\$17.13
5041	400 g	\$27.48

**Green Tea Extract Powder** - A rich and potent source of antioxidants, such as Vitamins C & E that help repair the effects of aging and environmental factors. Contains 8-10 % caffeine. A little goes a long way. 800 g and 1600 g sizes available.

5086	200 g	\$27.74
5087	400 g	\$44.77

**Mango Butter** - A natural butter without a strong aroma. It is said that this butter protects the skin from the harmful rays of the sun and thus prevents dryness and wrinkles. Mango Butter has a hard consistency and is suitable for lip balms, sticks and body bars. 800 g and 1600 g sizes available.

5048	200 g	\$30.36
5049	400 g	\$48.41

**Sea Salt** - Add to bath salts and salt scrubs, for exfoliation and detoxification. Add essential oils and other therapeutic vegetable oils for customized products. 5 kg size available.

5060	coarse	1 kg	\$9.57
5062	fine	1 kg	\$9.57

**Sea Weed Powder** - Contains over 60 naturally occurring nutrients including carbohydrates and amino acids. 800 g and 1600 g sizes available.

5064	200 g	\$13.27
5065	400 g	\$21.16

**Shea Butter** - A natural soft and unbleached butter with a mild nutty aroma. Extremely emollient great on it's own or as an additive creams, lotions, body butters and lip balms. Our Shea butter supports a women's work program in Ghana. 800 g and 1600 g sizes available.

5068	200 g	\$12.86
5069	400 g	\$20.53

**Sodium Bicarbonate** - Soothes irritated skin. Additive to bath salts and bath bombs. 5 kg size available.

5072	1 kg	\$13.37
------	------	---------

**Stearic Acid** - A white, waxy, natural fatty acid derived from palm oil. These small flakes are ideal as an emulsifying agent in creams, lotions, deodorants and most natural body care. Stearic acid is best known for the "pearly" and "waxy" feel that it adds to your body care products, which ultimately has a cooling effect when applied on the skin. 800 g and 1600 g sizes available.

5074	200 g	\$10.48
5075	400 g	\$15.98

**Unscented Body Butters** - Apply to damp skin after bathing. Suitable for the whole family. NOTE: BODY BUTTERS ARE MADE WITH WHEAT GERM. 400 g and 800 g size can be custom scented.

5082	200 g	\$12.53
5083	400 g	\$20.56

**Unscented Fizzy Bath Salts** – add one of our synergies or create a blend of your own using our essential oils. 5 kg size available.

5076	1 kg	\$34.20
------	------	---------

### *Unscented Liquid Base Products*

Customize your own products by adding Essential Oils. 500 ml, 1 litre and 4 litre sizes available.

**Aloe Vera Juice** - Use as is, to soothe irritated skin, or it may be blended with other skin care ingredients to enhance their benefits.

5572	120 ml	\$5.37
5573	240 ml	\$8.77

**Witch Hazel** - Used in toners and bath bombs.

5501	120 ml	\$5.74
5502	240 ml	\$9.26

**Liquid Emulsifier** - Polysorbate derived from lauric acid. Enables the blending of essential oils with water. For making body sprays and environmental fresheners. Use at a ratio of 3 parts emulsifier to 1 part essential oil. Blending with a natural alcohol such as Vodka is also helpful with the emulsifier and alcohol in equal parts.

5506	120 ml	\$13.28
5507	240 ml	\$22.38

**All-Purpose Lotion/Crème** - A luxurious unscented all-purpose lotion. Very creamy, a little goes a long way. New and Improved Formula. Has many uses, you can even thin it out with hydrosols to create soothing and cleansing milk like lotions.

5511	120 ml	\$8.73
5512	240 ml	\$14.53

**Shampoo (sls free)** - Unscented, a natural base without Sodium Laureth Sulfate. Great for sensitive scalp conditions.

5516	120 ml	\$6.90
5517	240 ml	\$11.34

**Hair Conditioner** - Unscented, a natural base with detangling properties.

5521	120 ml	\$6.13
5522	240 ml	\$9.99

**Bath & Shower Gel (sls free)** - Unscented, a natural base, without Sodium Laureth Sulfate.

5526	120 ml	\$7.21
5527	240 ml	\$11.88

**Hand Soap (organic, sls free)**

5531	120 ml	\$6.02
5532	240 ml	\$9.38

### *Unscented Facial Spa Products*

**Creamy Face Cleanser** - For skin ranging from dry, aged or sun-damaged to normal-to-oily or acne. Rejuvenating and revitalizing, will leave the skin thoroughly cleansed and perfectly balanced. Unscented

5552	60 ml	\$3.54
5553	120 ml	\$6.18

**Rejuvenating Face Serum** - A balanced everyday anti-oxidant, hydrator.

Unscented

5558	25 ml	\$7.39
5559	60 ml	\$13.58

**Hydrating Eye Gel** - Specifically formulated for the sensitive eye area. Gentle delivery systems to reduce puffiness, hold moisture, reduce dark circles and rebuild collagen. Unscented

5565	25 ml	\$8.80
5566	60 ml	\$16.57

## **Pigments, Hard Soap Base, Fragrant Oils & Flavours**

Try scenting your soap naturally with our Synergistic Essential Oil Blends (see page 7-8). Below are a few selected fragrance oils which are not pure essential oils but combinations of such, with added aroma chemicals. These blends are extremely potent aromatically, a little goes a long way!

### *Natural Powdered Colour Pigments*

<b>Brown Oxide</b>	5701	6 g	\$10.12
<b>Chromium Green Oxide</b>	5702	6 g	\$10.12
<b>Ultramarine Blue</b>	5703	6 g	\$10.12
<b>Ultramarine Pink</b>	5704	6 g	\$10.12
<b>Ultramarine Violet</b>	5705	6 g	\$10.12

**Melt & Pour Transparent Glycerin Soap Blocks** Sodium Laureth

Sulphate Free. 2 lb block makes approximately 14—2 oz soaps depending on the size of your mould.

5706	1 block	\$20.67
5707	2 blocks	\$37.29

***Fragrant Oils for Soaps and Candles***, 100 ml size available.

**All Spice**, warm and spicy

5709	10 ml	\$4.04
5710	30 ml	\$8.45

**Baby Powder**

5712	10 ml	\$3.89
5713	30 ml	\$8.05

**Bayberry**, floral yet spicy

5715	10 ml	\$3.50
5716	30 ml	\$7.11

**Bitter Almond**, very yummy

5718	10 ml	\$3.13
5719	30 ml	\$6.21

**Champaca**, notes of jasmine, rose and lily of the valley

5721	10 ml	\$3.29
5722	30 ml	\$6.60

**Chocolate**, milk chocolate heaven

5724	10 ml	\$3.24
5725	30 ml	\$6.48

**Frangipani**, a 15th century roman blend, sweet, spicy & floral

5727	10 ml	\$3.59
5728	30 ml	\$7.32

**Gardenia**, sweet floral

5730	10 ml	\$3.92
5731	30 ml	\$8.17

**Lilly of the Valley**, a distinctive aroma

5733	10 ml	\$3.73
5734	30 ml	\$7.67

**Vanilla**, warm and sweet

5739	10 ml	\$3.38
5740	30 ml	\$6.83

***Lip Balm Flavours – Unsweetened***, 100 ml size available.

**Butterscotch Pie**

5742	10 ml	\$3.97
5743	30 ml	\$8.28

**Chocolate Dream**

5745	10 ml	\$4.22
5746	30 ml	\$8.87

**Fuzzy Peach**

5748	10 ml	\$5.08
5749	30 ml	\$11.01

**Jamacian Rum**

5751	10 ml	\$2.98
5752	30 ml	\$5.83

**Mint Thai**

5754	10 ml	\$6.46
5755	30 ml	\$14.44

**Orange Creamsicle**

5757	10 ml	\$6.04
5758	30 ml	\$13.41

**Pina Colada**

5763	10 ml	\$6.30
5764	30 ml	\$14.02

**Strawberry Delight**

5760	10 ml	\$3.90
5761	30 ml	\$8.14

**Vanilla Velvet**

5766	10 ml	\$9.34
5767	30 ml	\$21.56

## Aromatherapy Diffusers



### Scent Ball with 5 refill pads

Add a few drops of essential oil on the reusable felt pad and simply plug into an electrical outlet. Diffuses up to 500 sq. ft.

Single	6301	\$16.45
3 or more	6302	\$14.30

### Car Scent Ball with 5 refill pads

Add a few drops of essential oil to the reusable felt pad and simply plug into the cigarette lighter of your car.

Single	6303	\$16.45
3 or more	6304	\$14.30



### Aroma-Spa Scenter – Professional Table Top Diffuser with 5 refill pads

This quiet electric tabletop model diffuses cool air over pads that have been scented with your favourite essential oils.

Diffuses up to 2000 sq. ft

Single	6305	\$71.30
3 or more	6306	\$62.00

### Ultra-Sonic Cool Mist Diffuser

Using a high frequency vibration this unit produces a fine cool mist that adds light humidity to the atmosphere. A must for the bedside table. Jus add water and essential oils. Auto-shut-off. Pre-programmed settings.

Only available in silver-grey.

Single	6307	\$121.90
3 or more	6308	\$106.00



### Replacement Pads for Scent Ball & Car Scenter

6309	\$3.68
------	--------

### Replacement Pads for Spa Scente

6310	\$3.91
------	--------

## Glass/Plastic Bottles & Jars & Other Stuff

**Clear Plastic Jars** – Heavy wall jars with white lid. Suitable for bath salts, thick creams, body butters, etc.

8 oz	6501	1 unit	\$4.08
	6502	1 doz	\$44.19
16 oz	6504	1 unit	\$4.06
	6505	1 doz	\$44.00

**Hard Plastic Jars** – 4 oz white double walled with dome lid & liner

6507	1 unit	\$3.26
6508	1 doz	\$35.21



**Solid White Soft Plastic Jars** – with ribbed lid

16 oz	6511	1 unit	\$3.20
	6512	1 doz	\$34.81
32 oz	6514	1 unit	\$5.71
	6515	1 doz	\$61.90



**Glass Amber Jars** – with white lids. Suitable for ointments and salves.

15 ml	6517	1 unit	\$1.49
	6518	1 doz	\$16.19
25 ml	6520	1 unit	\$2.12
	6521	1 doz	\$22.93
50 ml	6523	1 unit	\$2.47
	6524	1 doz	\$26.78

**Natural Plastic Bottles** – semi clear round bottles with white squirt nozzle caps.

500 ml	6526	1 unit	\$2.13
	6527	1 doz	\$23.10
1000 ml	6529	1 unit	\$3.06
	6530	1 doz	\$33.16

**Small Glass Vial Bottle** – 4 ml perfume bottle

Black cap	6532	1 unit	\$1.93
	6533	1 doz	\$20.83
Pipette	6535	1 unit	\$2.96
	6536	1 doz	\$31.99

**Glass Roll-on Perfume Bottle** - 8 ml frosted with shiny metal looking cap

6538	1 unit	\$2.13
6539	1 doz	\$23.19

**White Deodorant Stick** – 2.5 oz twist up and down

6602	1 unit	\$3.87
6603	1 doz	\$41.95

**White Twist Bottom Lip Balm Tubes – 1/8 oz**

6541	1 doz	\$17.89
6542	2 doz	\$31.97

**Inhaler Tubes** – scent wick with your favourite blend of oils and screw together the tube. Comes with a cello shrink-wrap sleeve.

6544	1 doz	\$37.01
6545	2 doz	\$66.15

**Glass Amber Bottles** - with orifice reducers – black or white T/E caps. Please be sure to indicate which colour of lid you need.

<b>5 ml</b>	6553	1 unit	\$2.33
	6554	1 doz	\$25.17
<b>10 ml</b>	6555	1 unit	\$2.43
	6556	1 doz	\$26.41
<b>30 ml</b>	6559	1 unit	\$2.71
	6560	1 doz	\$29.37
<b>100 ml</b>	6562	1 unit	\$3.34
	6563	1 doz	\$36.19
<b>25 ml with glass droppers &amp; rubber tips</b>			
	6547	1 unit	\$3.03
	6548	1 doz	\$32.76



**Clear PET Plastic Oval Bottles.** Available in 3 sizes. With black or white disc top caps or sprayers. Please be sure to indicate which colour of lid you need.

<b>60 ml with black/white cap</b>			
	6565	1 unit	\$1.28
	6566	1 doz	\$13.81
<b>60 ml with black/white sprayer</b>			
	6568	1 unit	\$2.52
	6569	1 doz	\$27.37
<b>120 ml with black/white cap</b>			
	6571	1 unit	\$2.05
	6572	1 doz	\$22.26
<b>120 ml with black/white sprayer</b>			
	6574	1 unit	\$3.29
	6575	1 doz	\$35.75
<b>240 ml with black/white cap</b>			
	6577	1 unit	\$2.33
	6578	1 doz	\$25.15
<b>240 ml with black/white sprayer</b>			
	6580	1 unit	\$3.55
	6581	1 doz	\$38.50

**240 ml with white lotion pump**

6583	1 unit	\$3.87
6584	1 doz	\$41.95

**Clear Plastic Lip Balm Jars** – 1/8 oz with black or white lids – please indicate colour when ordering.

6586	1 unit	\$1.37
6587	1 doz	\$14.81

**Glass Graduated Measuring Cylinder**

100 ml	6599	\$47.27
10 ml	6600	\$30.38

**Note:**

## Gift Sets

All of our gift sets come in light blue organza bags unless otherwise stated.

### 5 ml Environmental & Mood Synergies with Scent Ball

7001	Ambiance	\$45.64	7008	Forest	\$30.56
7002	Angels	\$48.35	7009	Fresh	\$26.81
7003	Blossom	\$47.83	7010	Meditation	\$34.70
7004	Breathe	\$49.95	7011	Relaxation	\$34.21
7005	Chai	\$38.66	7012	Summer	\$34.46
7006	Christmas	\$26.22	7013	Winter	\$25.87
7007	Energy	\$28.46			

### 5 ml Environmental & Mood Synergies with Car Scenter

7014	Ambiance	\$45.64	7020	Energy	\$28.46
7015	Angels	\$48.35	7021	Forest	\$30.56
7016	Blossom	\$47.83	7022	Fresh	\$26.81
7017	Breathe	\$49.95	7023	Summer	\$34.46
7018	Chai	\$38.66	7024	Winter	\$25.87
7019	Christmas	\$26.22			

### 5 ml Environmental & Mood Synergies with Spa Scenter

7025	Ambiance	\$97.18	7032	Forest	\$82.09
7026	Angels	\$99.89	7033	Fresh	\$78.35
7027	Blossom	\$99.37	7034	Meditation	\$86.24
7028	Breathe	\$101.48	7035	Relaxation	\$85.75
7029	Chai	\$90.20	7036	Summer	\$86.00
7030	Christmas	\$77.75	7037	Winter	\$77.40
7031	Energy	\$79.99			

### 5 ml Environmental & Mood Synergies with Cool Mist Diffuser

7038	Ambiance	\$144.73	7045	Forest	\$129.64
7039	Angels	\$147.44	7046	Fresh	\$125.90
7040	Blossom	\$146.91	7047	Meditation	\$133.79
7041	Breathe	\$149.03	7048	Relaxation	\$133.30
7042	Chai	\$137.74	7049	Summer	\$133.54
7043	Christmas	\$125.30	7050	Winter	\$124.95
7044	Energy	\$127.54			

### 5 ml Body Treatment Synergies with 120 ml Unscented Lotion

7051	Balance	\$29.54	7057	Life	\$43.19
7052	Beginnings	\$52.33	7058	Meditation	\$27.53
7053	Blossom	\$40.67	7059	Power	\$69.98
7054	Breathe	\$42.77	7060	Relaxation	\$27.06
7055	Cleanse	\$27.30	7061	Summer	\$27.30
7056	Clear	\$26.29	7062	Wisdom	\$58.78

### 5 ml Face & Body Treatment Synergies with 120 ml Unscented Rejuvenating Face Serum

7063	Cleanse	\$31.90	7065	Wisdom	\$63.39
7064	Life	\$47.79			

### 5 ml Hair Treatment Synergies with 120 ml Unscented Shampoo and Hair Conditioner

7066	Daily Balance	\$24.78	7068	Shine	\$31.94
7067	Restore	\$34.90			

### 180 g Lemon Chiffon Body Polish and Lemon Chiffon Face Mask

7072	Lemmon Chiffon's	\$59.31
------	------------------	---------

### 150 g Body Butter with 200 g Fizzy Bath Salts

7074	Mint Scentsation	\$24.45	7076	Relaxation	\$24.45
7075	Moroccan Rose	\$24.45	7077	Sweet Dreams	\$24.45

### 100 g of Cabin Fever, Mint Scentsation, Moroccan Rose, Relaxation and Sweet Dreams Fizzy Bath Salts

7078	Sample Collection	\$29.10
------	-------------------	---------

### 240 ml Gardener's Hand Lotion and Gardener's Hand Scrub

7079	Gardener's Collection	\$37.92
------	-----------------------	---------

### 60 ml Fresh Throne and Royal Throne

7080	Throne Collection	\$20.35
------	-------------------	---------

### 120 ml Lotion Collection – Lavender & Ylang Ylang and Peppermint & Patchouli

7081	Lotion Collection	\$24.45
------	-------------------	---------

### 120 ml Kid-Sense Collection – Cough Cough, Nighty Night, Lavender Babe and Itchy Itchy

7082	Kid-Sense Collection	\$39.50
------	----------------------	---------

Notes:

## Nutrilite

9001	The Perfect Pack for Your Health - 30-day Supply	\$173.90
9002	The Perfect Pack for Your Health - 30-day Refill	\$172.15
9003	Double X - 31 Day Supply with Case	\$86.35
9004	Double X - 31-day Refill	\$84.60
9005	Double X - 10 day Supply	\$33.60
9006	Daily Multivitamin/Multimineral - 90 tablets	\$15.65
9007	Daily Multivitamin/Multimineral - 180 tablets	\$30.20
9008	Ocean Essentials Balance - 90 capsules	\$37.35
9009	Veggie 150 Omega Complex - 30 capsules	\$37.35
9010	Concentrated Fruits & Vegetables - 60 tablets	\$50.20
9011	Natural Multi Carotene - 90 capsules	\$20.80
9013	Stress B - 100 tablets	\$12.25
9014	Natural E Complete - 60 capsules	\$37.95
9015	Chewable E - 150 tablets	\$27.55
9016	Vitamin C Plus - 180 tablets	\$63.99
9017	Cal Mad D - 180 tablets	\$30.60
9018	D-Flavone - 60 capsules	\$36.10
9019	Siberian Ginseng Complex - 180 tablets	\$59.45
9020	Ocean Essentials Heart Health - 90 capsules	\$50.80
9021	Vision Health with Lutein - 62 tablets	\$42.85
9022	Glucosamine Plus - 180 tablets	\$36.70
9023	Sleep Health - 90 tablets	\$33.60
9024	CoEnzyme Q10 & Vitamin E Complex - 60 capsules	\$65.50
9025	Cholesterol Health - 60 capsules	\$46.50
9026	Garlic Heart Care Formula - 120 tablets	\$36.70
9027	Protein Powder - 450 g	\$42.90
9028	ILI Heart Health - 90 tablets	\$74.70
9029	Digestive Enzyme Complex - 90 capsules	\$57.40
9030	Invisifiber Supplement - 30 packets	\$41.35
9031	Pro-Digest - 60 capsules	\$51.45
9033	Tri-Guard Echinacea - 120 tablets	\$46.10
9034	Liver Health - 60 tablets	\$48.85
9035	Men's Supplements - 30 packets	\$30.60
9036	Saw Palmetto Complex - 100 capsules	\$69.15
9037	Women's Supplements - 30 packets	\$30.60
9038	Shine Supplement - 120 tablets	\$23.70
9039	Black Cohosh Complex - 90 tablets	\$47.99
9041	Tri-Iron Folic - 90 tablets	\$22.65
9042	Kids Multitarts - 60 tables	\$17.30
9043	Kids Concentrated Fruits & Vegetables - 60 tablets	\$34.30
9044	Kids Chewable C - 180 tablets	\$45.30
9045	Brainiums DHA - Fruit Punch - about 112 gummies	\$45.90
9046	Brainiums DHA - Strawberry - about 112 gummies	\$45.90
9047	Joint Health Twist Tubes - 20 tubes	\$13.50

9048	Sport Twist Tube - 20 tubes	\$13.50
9050	Vitamin C Boost Twist Tubes - 20 tubes	\$13.50
9051	Tropical Super Juice - 12 cans	\$36.85
9052	Berry Super Juice - 12 cans	\$36.85
9053	Switch 2 Slim Plan	\$132.35
9054	Carb Reducer Eating Plan	\$250.20
9032	Carb Reducer Journal	\$28.00
9040	Fat Trimmer Eating Plan	\$264.35
9049	Fat Trimmer Journal	\$28.00
9074	Better Balancer Eating Plan	\$216.45
9075	Better Balancer Journal	\$28.00
9055	CLA 500 - 180 capsules	\$81.55
9056	Carb Blocker 2 - 90 tablets	\$50.70
9057	Chromemate - 90 capsules	\$33.65
9058	Cranberry Crunch Snack Bars - 12 bars	\$16.85
9059	Fudgy Brownie Snack Bars - 12 bars	\$16.85
9060	Caramel Creme Snack Bars - 12 bars	\$16.85
9061	Chocolate Caramel Snack Bars - 12 bars	\$16.85
9062	Variety Pack Snack Bars - 16 bars	\$22.45
9063	Vanilla Meal Replacement Drink Mix - 700 g	\$51.65
9064	Chocolate Crisp Nutrition Bar - 12 bars	\$29.50
9065	Blueberry Nutrition Bar - 12 bars	\$29.50
9066	Lemon Twist Nutrition Bar - 12 bars	\$29.50
9067	Cherry Almond Nutrition Bar - 12 bars	\$29.50
9068	Variety Pack Nutrition Bar - 16 bars	\$39.35
9077	Cinnamon Bun Protein Bars - 9 bars	\$27.00
9081	Chocolate Delight Protein Bars - 9 bars	\$27.00
9069	Endurance Cubes - Berry - 120 cubes	\$30.60
9070	Endurance Cubes - Citrus - 120 cubes	\$30.60
9071	Rhodiola 110 Dietary Supplement - 30 tablets	\$22.90
9072	Rhodiola 110 Dietary Supplement - 60 tablets	\$40.99
9073	Sports Nutrition Energy Bars - Chocolate Nut Roll - 9 bars	\$26.75
9084	Sports Nutrition Energy Bars - Vanilla Pretzel - 9 bars	\$26.75
9085	Sports Nutrition Energy Bars - Mixed Berry Smoothie - 9 bars	\$26.75
9076	ROC2O Sports Drink Mix - Mixed Berry - 20 sticks	\$29.20
9078	Whey Protein Bars - Chocolate Peanut Butter - 12 bars	\$40.50
9086	Whey Protein Bars - Cookies & Cream - 12 bars	\$40.50
9079	Whey Protein Isolate - Vanilla Ice Cream - 908 g	\$64.55
9080	Whey Protein Isolate - Decadent Chocolate - 908 g	\$64.55
9082	Empowered Drinking Water - 24 x 500ml bottles	\$56.16
9083	Blender Bottle - 590 ml / 20 oz	\$7.99

### *Lip Balm - Suggested Recipe*

1 Tablespoon bees wax beads, 1 tablespoon Jojoba oil or other oil, 1/4 teaspoon honey and 6—12 drops of flavour. Melt bees wax slowly on low heat, add other ingredients and stir well.

Pour into tubes—makes approximately 6 tubes. Stand tubes in a tray of rice or sand to prevent them from tipping over.

### *Melt & Pour Soap Making Directions*

Melt soap in a double boiler. Keep covered to prevent moisture loss. If you continually melt and re-harden the same batch it will turn out flaky and crumbly. You can also melt in a glass covered casserole dish in the microwave. Use a low setting for 2—3 minutes. Don't stir like crazy or you'll create bubbles.

When adding powdered colours, don't add directly to the batch otherwise it will clump. Like gravy making, mix your colour with a small amount of the warm liquid soap in a small dish and mix into a paste. Then add back to your larger batch. Use about 1/8 to 1/4 teaspoon of colour per pound of soap.

Scenting is easy, you can use just about anything. Your favourite perfume if you like, essential oils, or fragrant oils. How much fragrance to add is your personal preference. It is recommended that you use 1/2 to 1 teaspoon of fragrance per pound of soap. Remember that if the essential oil or fragrance is amber or dark in colour, the colour will affect the final appearance.

You can also add other ingredients to create nourishing properties. Whether dry or wet additives don't use more than 1/8 of a cup per pound of soap. Such additives could be, almond oil, coconut oil, jojoba oil, vitamin e, herbal tea, coffee, cream, oatmeal, ground almond, cinnamon, nutmeg, etc. Again, the colour of your additives will affect the outcome of your soap product.

Once you have added your ingredients, stir gently and evenly, keeping soap warm. Pour into moulds. As the soap hardens little air bubbles will surface. It's best to almost overflow your moulds so that you can shave off the aerated surface. You can save these shavings and when you have enough, create a kaleidoscope soap. Suggestions for moulds, cookie cutters, candy moulds and yogurt containers. Another idea is to buy those long white rubbermaid drawer organizer trays from Canadian Tire. You can make a long block of soap and afterwards cut the bars into the sizes you like. If you have trouble getting the soap out of the molds place them in a shallow dish of hot water for a few minutes.

If you use a mould that is open at both ends such as a cookie cutter you will need to seal the edges first. Pour a little of your soap onto a flat surface then place the cookie cutter into the centre of the puddle. Let it harden then pour the remainder of the soap into the mould.

Your soap will be ready to use as soon as it hardens. Wrap in saran wrap to keep fresh. Enjoy!!